

# TAS ACADEMY

SANDY SPRINGS TENNIS CENTER

## *the zone*

TRAINING TO MEET THE GOALS AND ASPIRATIONS OF  
THE INDIVIDUAL PLAYER

*What you need to do to play better, smarter, with commitment and confidence*

## The 3 C's of Good Tennis Parenting

Tennis parents play a vital role in the success of their child. **A commitment to high performance, tournament level training requires the services of Counselor, Chauffeur and Cheerleader, not to mention Coach.** As you might guess, only three of those C's are ideal roles for the tennis parent.

While parental support is critical to tennis success, when misapplied it can be harmful to the player's tennis career or more importantly to the parent-child relationship. Children tend to internalize even subtle parental pressure. They have an overriding desire not to disappoint their parents. Parental over involvement can upend desired results. It's difficult to swing freely and go for your targets if you feel pressure to always win.

Parent education is a critical part of what we do at TAS. **We want your junior to succeed, and we want you to be a good tennis parent.** By balancing the three C's of tennis parenting, Counselor, Chauffeur and Cheerleader, parents give juniors essential support while allowing them space to develop as a player and person.

**Good tennis parents make an investment in top tier programming and coaching for their junior.** TAS coaches are teachers, mentors, analysts and motivators. We are focused on player development and the long term success of your junior. We have decades of expertise in guiding juniors to success. **A key contributor to that success is coaching not just on the practice court but at tournaments as well.**

**Taking coaching at a tournament is invaluable to juniors and parents.** TAS coaches gain an understanding of how well the junior applies training to competitive play. Staff take written notes on a junior's physical, mental and emotional game. Students leave with a training plan to improve their game. TAS coaches also help parents cope with the pressure of watching their child compete. We relieve parents of being "the heavy" and give juniors the feedback and encouragement they need to succeed over the long haul. **We encourage parents to take full advantage of TAS tournament coaching, available year round for both local and out of town tournaments. Check out recommended tournaments on Page 2.**

### A WORK IN PROGRESS: BACK TO BASICS

After a summer focused on tournament play, fall tennis is a perfect time to go back and work on the basics. Juniors are working on 3 tennis fundamentals: early prep, hitting on balance and shot selection. TAS pros emphasize deliberate practice, repetition drilling and hitting with purpose. Juniors are setting new goals. TAS pros continue to work with juniors on connecting the mental with the physical as they learn to make the connection between the "what" and the "why". TAS Academy pros are challenging juniors to commit to making their serve a weapon by serving 50 plus balls per day for targets. TAS Select pros are working with juniors on good prep, setting up to the ball early and getting their feet set to control the point of contact. Select juniors are also working on hitting safe targets with good margin over the net, "finding" the court and keeping the ball in play for consistent rallying.





# Blaze your own trail

*Tournament results and other news worthies*

## TAS SELECT SCOREBOARD

**Maya Muthu**  
Player of the Quarter



Maya, in TAS Select Green, was one of our busiest players over the summer. She competed in 5 tournaments with an overall winning record and was a staple at TAS Select summer camps. Her best result was winning 3 out of 4 matches at a Level 3 tournament, Harrison Jr Summer Super Championships. Maya lost her 1st round match to another great TAS Select player Amanda Rodriguez but persevered and won 3 matches to collect the consolation winner trophy. Maya has a great attitude on the court and loves to compete which makes her enjoyable to coach. She's also developing a killer first serve.

**Congratulations, Maya!**

## TAS ACADEMY SCOREBOARD

**Marco Skrinjar**  
Player of the Quarter



Marco earned GA #1 ranking in Boys 12s! He is USTA GA Player of the Month! Marco won the Dothan Icy Hot! Outstanding work ethic, outstanding results! Hard work pays off!

**Kudos to Marco!**

TAS recognizes 4 juniors who worked hard, competed hard and earned invitations to the National Junior Championships!

- Vishna Gusavac:** Natl Clay Cts  
Natl Hard Cts
- Mai Nguyen:** Natl Clay Cts
- Evan Rigby:** Natl Clay Cts  
Natl Hard Cts
- Marco Skrinjar:** Natl Clay Cts

**Bravo,  
Vishna, Mai,  
Evan & Marco!**

## TAS SELECT SCOREBOARD

**Noah Kolevsohn**  
Player of the Quarter



Noah is one of our up and comers in TAS Select Green. Over the summer he competed in 4 tournaments achieving a 9-4 record. Most notable was how Noah played at the GA Jr Closed Futures Championships in Norcross (Level 3) where he won 3 out of 4 matches including beating the 26th ranked player in the state. Noah gives it his best on the court in drills and loves to play, two winning ingredients for success.

**Great job, Noah!**

## KEY DATES

### LOCAL TOURNEYS

Day Coaching Fee: \$65/day

Fall Junior Super Chps  
GA Level 3  
Aug 31, Peachtree City

Road to USTA GA Masters  
Chps GA Level 4  
Oct 11, Norcross, GA

One Love Tennis November  
Madness , GA Level 3  
Nov 22, Norcross, GA

### AWAY TOURNEYS

Overnight Coaching Fee:  
\$200 per Day per Coach  
+ Coaches' Lodging, Food  
+ Transportation  
/ Prorated per Junior  
+ Junior's Lodging, Food

GA State Fall Open  
GA Level 3  
Oct 4, Macon, GA

McCallie John Strang  
State Level 3  
Oct 18, Chattanooga, TN

Icy Hot Southern Lvl 2 Chps  
B/G 12s, 14s  
Oct 25, Chattanooga, TN

Icy Hot Southern Lvl 2 Chps  
B/G 16s, 18s  
Oct 26, Rome, GA

For coaching, contact  
Hi Performance: Jeff G  
Performance: Bryan Bailey  
Select: Braunn Endler

## FOLLOW TAS!

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## TAS ALUMNI SCOREBOARD

**TAS alum Andie Daniell** graduated summa cum laude in May from the University of Alabama while earning 1st Team All SEC honors at the # 1 position. Andie is now playing on the WTA Challenger Tour and looking ahead to success on the WTA main tour.

After stellar tennis and academic careers at Notre Dame, **TAS alum Allie Miller** is studying at Yale University's School of Medicine and will earn a Master's degree as a Physician Assistant in 2021!

**One path, two destinations! We wish Andie and Allie continued success!**

## PING PONG & PICKLEBALL!

It's time for the TAS Fall Social!

Join us for lunch & the 3 P's!

**Saturday, September 7, 2019**  
**12-2pm**

5585 Mill Gate Court  
Dunwoody, GA 30338

Rsvp: [jgroslimond@yahoo.com](mailto:jgroslimond@yahoo.com)