

TENNIS ACADEMY OF THE SOUTH

ATLANTA'S PREMIER TENNIS TRAINING

the zone

TRAINING TO MEET THE GOALS AND ASPIRATIONS OF THE INDIVIDUAL PLAYER

What you need to do to play better, smarter, with commitment and confidence

What Will Your Junior's Life Story Be?

Imagine a marketing brochure promising to teach your junior critical life skills in a fun, formative environment. All the skills that ultimately determine if your child will lead a purposeful and productive life. Skills that build character and confidence. Skills that develop leaders and problem solvers. What would you invest to give your child the opportunity to learn and assimilate these critical skills?

Juniors in training at Tennis Academy of the South develop life skills that become integral to how they think and interact with the world. Whether or not TAS juniors go on to collegiate tennis careers, they carry with them unique capabilities and experiences that help to shape their futures. Goal setting, delayed gratification, overcoming obstacles, handling adversity, personal discipline, time management, performance under pressure, ownership and accountability, problem solving, situational awareness.

These intangibles are the key to future success. They're prerequisites for success in college, work, relationships and in life. Successful athletes are highly sought after by admissions committees and hiring managers who understand the transferable skills that come from athletic training and competition. These are life skills acquired through a commitment to purposeful practice and hard work, day in and day out.

Pro Football Hall of Fame receiver Jerry Rice grew up helping his dad lay bricks. Jerry spent his summer days on job sites catching bricks thrown to him by his brother and tossing them up to his dad on the scaffolding. In the sweltering heat of Mississippi summers, Jerry learned what it meant to work hard to achieve a result. But that's not all he learned. Besides sharpening his eye to hand coordination and perfecting his receiving skills, Jerry developed the iron will to succeed. Anyone watching would have seen a

young boy helping his dad build a wall. But look past the immediate and there was a Super Bowl MVP and NFL All Time Receiver in the making.

The next time you look out over the courts and see your junior working on footwork, shot selection or tactics, look again. Challenge yourself to see beyond the immediate activity and visualize the intangibles that will yield impressive results down the road. Goal setting, discipline and handling adversity don't just translate into trophies and rankings. They are among the life skills that will ultimately determine your junior's character and life story. These are the hard earned dividends that make the investment in tennis training and competition more than worth the effort.

"Tennis uses the language of life. Advantage, service, fault, break, love -- the basic elements of tennis are those of everyday existence because every match is a life in miniature."

Andre Agassi

A WORK IN PROGRESS: OWNING YOUR GAME

We continue to work with juniors on ownership. TAS juniors are learning to be self-directed, to effectively become their own coach. We're working with juniors to develop ownership through regular note taking and review, actively seeking feedback from pros, recognizing their own strengths and weaknesses and playing practice matches on their own to prepare for tournaments. Through daily repetition and focus, they're working on getting the most out of practice. They use warmups to work on early preparation, good contact and depth. They're perfecting rituals for the serve and return of serve to achieve discipline and calmness under pressure. They're working on pattern play to improve anticipation, reaction time and quick decision making.





Blaze your own trail

Tournament results and other news worthies

TAS SELECT SCOREBOARD

Charlie Survilas
Player of the Quarter



Charlie joined TAS Select this Fall and, man, has he taken off! He is currently in the Green Group after starting with us in Orange and has been playing his tail off ever since. From August thru November, Charlie competed in 9 tournaments amassing an 18-3 record. Based on his performance, Charlie was 1 among 8 Boys 10s players invited to the 2019 USTA GA MASTERS SUPER CHPS where he won 2 matches. He has improved his ranking all the way up to 35 in the Boys 10s and has also done well in a couple of Boys 12s. Charlie, you are proof positive that passion and stick-to-itiveness pay off! We're amazed at what you have accomplished!

Congratulations, Charlie!

TAS ACADEMY SCOREBOARD

Alyssa Harpring
Player of the Quarter



Alyssa Harpring has earned TAS Academy Player of the Quarter honors because of her focus and discipline during practice. She consistently brings a strong work ethic and positive attitude to drills. Alyssa is one of the youngest girls in the High Performance program. Yet she exhibits leadership qualities far beyond her years through her dedication and discipline. She is always ready to learn, work hard and apply her best to every situation. She leads by example every time she steps onto the court. Alyssa, we see BIG things coming for you in the future on and off the court! Keep up the excellent work!

Congratulations, Alyssa!

TAS SELECT SCOREBOARD

Nicole Xu
Player of the Quarter



We recognize Nicole Xu for being a model student and a leader on the court! Nicole has been with us since Fall 2017, and we can't recall her missing one drill. Moreover, she is usually the first one to arrive and the last one to leave. Nicole quietly exemplifies a positive attitude and effort. We notice her always picking up balls, shadowing her strokes with care, moving on her toes and trying her best no matter what we're doing on the court. So, thank you, Nicole, for being an excellent TAS Select role model!

Congratulations, Nicole!

KEY DATES

LOCAL TOURNEYS

Day Coaching

Fee: \$75/day

TAS Academy: Jeff, Hagen

TAS Select: Braunn, John

To schedule: email John at

jbrvenik@gmail.com

One Love Tennis Spring Jr Singles/Doubles Chps GA Level 4

Feb 28-Mar 1, 2020

Hudlow, Norcross, GA

<https://m.tennislink.usta.com/TournamentHome/Tournament.aspx?T=241861>

Hudlow Jr Chps II

GA Level 4

Apr 3-5, 2020

Hudlow, Norcross, GA

<https://m.tennislink.usta.com/TournamentHome/Tournament.aspx?T=243900>

AWAY TOURNEYS

Overnight Coaching Only

- Fee: TBA
- Builds camaraderie
- Promotes player ownership/accountability
- Players learn from each other & from other coaches
- Deadline: Mar 1, 2020

USTA Southern Lvl 1A Chps BG 16 & 18, National Level 4

Mar 13-16, 2020

Raleigh, NC

<https://m.tennislink.usta.com/tournamenthome?T=240256>

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Top quality tennis apparel at a discount!

Support TAS sponsors! Shop at Lotto!

<https://lotto.sportlife.us/elite>

Help us welcome TAS alum Andie Daniell to our teaching staff!

Andie graduated summa cum laude in May from the University of Alabama while earning 1st Team All SEC honors at the # 1 position. Andie is teaching in our high performance programs through 2020. She plans to pursue a graduate degree in physical therapy beginning January 2021. We are excited to have Andie's knowledge and experience to help guide our juniors to success!